

What is Process Work?

Process Work is an innovative approach to individual and collective change. It brings psychology, spirituality, group dynamics and creative expression together into a single paradigm. Process Work originated out of Arnold Mindell's research into physical symptoms as meaningful expressions of the unconscious mind. Drawing from his background as a physicist and Jungian analyst, as well as from Taoist principles, shamanism, Zen Buddhism and communication science, Mindell formulated the idea of the 'dreaming process' as coherent and meaningful flow of experiences that underlies problematic or painful events. He developed a precise, signal-based system of unfolding physical symptoms, relationship problems, group conflicts and social tensions which allows problems to reveal their own solutions and creates energetic shifts vital for our development.

Over the last 30 years, Process Work has expanded into an awareness modality with a well-defined, flexible and subtle set of tools that has many applications, including bodywork and somatic processes, working with the terminally ill, substance abuse work, work with altered and extreme states of consciousness (including working with people in comatose and remote states), bereavement work, conflict resolution, relationship counseling and family therapy, small and large group processes and organizational development.



Arnold Mindell, Ph.D., is known for his development of the "dreambody" and "process work" (process oriented psychology) as well as Worldwork and near death work. He is the author of 19 books, including *Dreambody*, *The Shaman's Body* and *Quantum Mind*.



Lee Spark Jones, Ph.D., is a Process Work Diplomat, licensed psychologist, marriage and family counselor and bereavement counselor. She is co-author of *A Path Made by Walking: Process Work in Practice*.

Julie Diamond, Ph.D. is a founding member of the Process Work Centers in Switzerland, and Portland, Oregon, and author of its Master of Arts Degree programs. She is the co-author of *A Path Made by Walking: Process Work in Practice*.

Carol Zahner, M.S., Process Work Diplomat. Carol divides her time between Maine and Boston, where she teaches and has a counseling practice. She is a long time practitioner of Authentic Movement and her work focuses on health/body issues and conflict facilitation.

Amy Mindell, Ph.D., helped develop Process Oriented Psychology in the areas of coma work, creativity and dance. She's written 5 books, including *Metaskills* and her newest, *The Dreaming Source of Creativity*.

Ellen Schupbach, Ph.D., Process Work Diplomat. Ellen wrote her Ph.D. thesis on the spiritual experiences of the therapist and facilitator. She uses sacred clowning to access the dream world, and music and songwriting for inner work and fun.

Max Schupbach, Ph.D., is a co-founder of Process Work training programs worldwide, and facilitates community building for non-profit organizations, corporations, indigenous communities and spiritual groups. Max developed a grief counseling program, and conducts trainings in process-oriented terminal care.



Stephen Schuitevoerder, Ph.D., is an international consultant, lecturer and facilitator. Stephen is a Process Work Diplomat on the faculty of the Process Work Institute, and has collaborated to develop training programs in Process Work both nationally and internationally.



therapists
bodyworkers
counselors
facilitators
educators
healthcare
hospice
& practitioners
interested in

An Awareness Centered Paradigm

The Certificate Program in Process Work presents principles and practical skills that will add depth and new dimensions to your professional work and personal life. This course offers recent advances in Process Work theory, experiential work and case discussion.

Four, 4-day trainings per year will be held at the New York Open Center, along with a summer intensive residential training. The trainings will present the range of Process Work applications: body symptoms, relationship work, group facilitation and conflict work, altered and extreme states of consciousness and others. In addition to these training modules, students will work with an advisor to tailor their knowledge and skills to their individual needs and professional interests. The workshops will be open to the public, and can be attended individually. Students enrolled in the Certificate Program may take courses and seminars at the Process Work Institute in Portland, or with other certified Process Work facilitators for program credit.

NY Open Center ■ Begins June 2006
Contact: The Process Work Institute
www.processwork.org
2049 NW Hoyt Street, Portland OR 97209
(5 0 3) 2 2 3 - 8 1 8 8



www.processwork.org

503.223.8188

2049 NW Hoyt Street
Portland, Oregon 97209

PROCESS WORK INSTITUTE



present

The Certificate Program in Process Work

A comprehensive two-year course of study in
Process Work, a cutting-edge facilitation method for

working with individual and collective
change